How to Avoid an Academic Offence?

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Here are some tips to help you avoid engaging in an academic offence:

- Take notes and review notes (e.g., in class, feedback), on a regular basis.
- Use the available resources provided by your professor.
- Read your assignment carefully. If you do not understand, ask your professor questions.
- Manage your time wisely. Starting tasks early and prioritize them accordingly to make work manageable.
- Take advantage of the academic support services available to you.

Academic Support Services Available to You

Workshops, Tutorials and Important Resources

Seneca Libraries

- Online Citation Guide
- Citation and Research Workshops
- Libraries and Instructional Videos covering Academic Integrity and citation
- Copying Guide
- Bookable one-on-one Research Appointments
- Assignment Planner
- Learning Portal
- For more information, visit Seneca Libraries

The Learning Centre

The Learning Centre is a one-stop location for tutoring, study sessions and workshops to help students learn the academic strategies to succeed in their courses.
The Learning Centre can help you learn about academic integrity through tutoring and workshops in:

- Essay and Academic Writing Strategies
- Paraphrasing and Incorporating Sources
- Editing and Proofreading Techniques
- Grammar
- Reading and Note-Taking
- Time Management
- Study Skills and Habits

Counselling and Accessibility Services

Counselling and Accessibility Services can help you develop the skills needed to cope with the pressures of academic life. By seeking assistance, students can receive support to:

- Organize and manage time
- Manage test anxiety and stress
- Prepare for tests and assignment planning
- Listening and note-taking
- Reading comprehension (handling academic language in textbooks)
- Study and memory techniques

Learning strategists are available to help students. For more information, contact the Accessible Learning Services and Counselling Services on your campus.

Integrity Matters: Academic Integrity App

Through interactive scenarios and examples, the Integrity Matters app developed by the University of Waterloo can help students make the right choice when they are unsure of what the right choice may be.

The app can be downloaded on Android and iPhones, as well as other compatible mobile devices.



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